



## United Methodist Women Walk/Run-a-Thon

Saturday May 18, 2024

Registration: 10:00-10:25am ~ Walk/Run: 10:30am!

Registration Costs
Adults ~ \$15
Kids 11-16 yr ~ \$12
Kids 6-10 yr ~ \$6
Kids 5 & Under ~ FREE

### EVENT DETAILS

- Starts and Ends at Flushing United Methodist Church (see address below)
- 1 mile or more (your choice) Routes Include Riverview Park
- Registration Deadline: May 15<sup>th</sup>, 2024
- Registration Donation & Pledge Money - Turn in Day of Walk/Run-a-Thon
- Bring Yourself, Bring Your Family and Friends, OR Bring a Team!
- Proceeds Support Mission Work of UMW
  - ~YWCA Safe House      ~Heartbeat of Flint      ~Voices for Children
  - ~Bread for Life      ~Flushing Christian Outreach Center
- After Walk/Run & until 12:15pm the activities listed below will be available:

**FREE FOOD! LIVE MUSIC! BOUNCY HOUSE! GAMES!**  
**OPPORTUNITY BASKETS! BAKE SALE!**

*Optional: "Move 4 Mission Event T-Shirts" may be purchased online @lwoodsdesignsonline.com & then, search "Move"; Shirts/\$20; Order by May 1<sup>st</sup> & pick up at store: L Woods Designs, 129 S Cherry St, Flushing, 48433 (OR, for ship to you – add \$5)*

**Can't Make it on May 18th? Still Want to Help? Take a Form, Gather Pledges or Make a Donation and Pick Your Own Day & Path! (no registration required)**

-----registration tear off-----

Please put this registration in the box provided in the church lobby. If not completing this at the church you can mail it to:

**Flushing United Methodist Church 413 E. Main St. Flushing, MI 48433**

Participants name: \_\_\_\_\_ # of people in your group \_\_\_\_\_

Or you may also register by emailing the above information to: [office@flushingumc.org](mailto:office@flushingumc.org)

